

## **Keys to Septic Health**

## **NEVER** put in toilets or drains

- ⊗ Fats, oils, grease
- Food scraps:SCRAPE ALL into trash



- Antibacterial soaps or cleaners, including denture cleaner
- ⊗ Bleach, fabric softener
- Automatic toilet bowl cleaners
- ⊗ Sanitary napkins, tampons, condoms limit use of toilet paper
- ⊗ Baby wipes, diapers
- ⊗ Nail polish remover
- Cleaning products containing bleach or citric acid
- ⊗ Rinse agents
- ⊗ Cat litter
- ⊗ Gasoline, Antifreeze, Varnish, Paint, Solvents
- ⊗ Pesticides
- ⊗ Cigarettes
- **⊗ DO NOT INSTALL A GARBURATOR**

## **ALWAYS**

- Choose phosphate and bleach free detergents and soaps
- ✓ Limit water usage:
  - turn off the water while washing dishes, brushing teeth
  - repair or replace leaky fixtures
  - install low-flow shower heads and shorten time spent in showers
  - wash only 1 load of laundry per day
- ✓ Enhance the bacteria of your system with Eco Ethic septic treatment
- ✓ Get your system inspected and cleaned every 3-5 years
- ✓ WATCH for signs of a problem:
  - toilets or drains are backed up or running more slowly than usual
  - foul odours in the home or tap water
  - soggy ground, surface flooding, foul odour, sewage or effluent around tank or leach bed
  - unusually green or thick grass around leach bed
  - activated alarm signals
  - significant algae growth in nearby lake or river beds
  - high levels of nitrates, bacteria, other contaminants in well or lake water (testing offered by the local health unit)